CHANGING LIFESTYLES MAKE YOU THINKFOOD

- the tasty no-brainer!

The decline of formal lunchtime eating is creating strong demand for snack food and quick meals. UBC Food Services has recognized that increasing time pressures on students and staff have been the main force behind a shift away from traditional mealtimes. The line of ThinkFood products - ThinkFresh, ThinkComfort and ThinkExotic provide choices in the hand-held snacks and meals with a proliferation of flavours and variety.

Eating in a hurry doesn’t mean cold or unhealthy food choices. We have introduced THINKHOT - a range of micro-wavable or oven heated hot meals. Pick one up from any UBC Food Service Display Fridge and heat it up at your Office or Student Lounge - meals to go with a gourmet twist. Select from Seafood Lasagna, Hungarian Goulash on Buttered Noodles to Chicken Alfredo and more... the menu is different every week. Hot and delicious dishes that warm your appetite and spirit. Don’t stop at the office, take them home, we are certain that your mother will approve!

THINKGOODNESS - fresh and scrumptious baked goodies offering reduced fat choices and interesting grains in Cookies, Bars and Loaves. Eat well and eating good is now easier than ever.

THINKFOOD - the tasty no-brainer! We’ve done the work for you so you can have nutritious food, be adventurous, play hard, study hard and work furiously and never go hungry. Be the best you can be.

No-brainer eh!

UBC FOOD SERVICE LOCATION MAP

TIME TO EAT & DRINK

For Christmas Hours visit www.foodserv.ubc.ca

HOURS OF OPERATION

SAGE at the University Centre
Breakfast  7:15am - 9:00am (M - F)
         7:15am - 9:00am (M - F)
Lunch    11:30am - 2:00pm (M - F)
         11:30am - 2:00pm (M - F)
Evening Dining  3:30pm - 8:00pm (Th - F)
A&W AT SUB
ARTS 200
BARN
BREAD GARDEN
EDIBLES
ESPRESSO ON THE GO
LIFE SCI CAFE
MOA CAFE (May to Sept only)
PACIFIC SPIRIT PLACE
POND CAFE
STEAMIES
SUBWAY IRC
SUBWAY PSP
TREK EXPRESS
99 CHAIRS
YUM YUMS
C-STORES
GAGE
HUBBARD’S & MAGDA’S
TOTEM & VANIER’S
DINING ROOM